



LILIANA MIHART

ICF-accredited executive and leadership coach with
10+ years of experience as a senior leader in tech.



Executive & Leadership Coaching



Mentoring



Workshop Facilitation



For leaders , managers
and growth-minders



For More Information

www.habitofgrowth.com



I WORK WITH LEADERS LOOKING TO:

Lead Change & Innovation

- Address AI adoption and integration challenges and enhance human-technology collaboration
- Align cross-functional teams with strategic goals and optimize organizational design for seamless execution
- Navigate and communicate change, overcoming employee change fatigue

Strengthen Performance & Culture

- Build high-performing teams rooted in trust, ownership, and excellence
- Manage team dynamics, resolve frictions and enhance cross-functional collaboration
- Drive inclusion and learning strategies that empower your teams to innovate
- Build resilience and adaptability in an AI-powered context

Accelerate Leadership & Self-Leadership

- Make confident decisions under pressure and evaluate trade-offs
- Enhance executive presence, emotional agility and influence
- Navigate career transitions and build AI literacy
- Sharpen awareness, uncover blind spots and shift from firefighting to strategic thinking.

WHAT DO I BRING?

- **A sounding board** for clarity and effective decision-making
- **Immediate value** from first session, tackling urgent challenges while planning for long-term growth
- **A rounded, multi-domain perspective** and a hybrid style that flexes between mentoring and coaching to meet your needs.
- **Tailored recommendations** (networking events, podcasts) to support your ongoing growth.

AND ALSO...

- **Real-world experience** in roles such as Data Services Director, Digital Products Director and Data Director. I bridge theory with real impact.
- **A personal motivation:** the legacy I want to build – a conversation that sticks, a spark that shifts trajectories, an opportunity uncovered when it matters most.
- **Fresh perspective and empowering energy**, which boosts the impact of our sessions.
- **Commitment** to deliver real value. Experience my approach in a pilot session and gain full confidence in the results.

WORKSHOPS AND SPEAKING ENGAGEMENTS



Inclusive Leadership in Practice

Practical strategies and day-to-day behaviors to develop an inclusive leadership mindset, address biases, foster belonging, and drive inclusion in today's AI-driven workplace.



Fostering a Culture of Innovation

Practical steps to create an environment conducive to innovation that accelerates growth, strengthens resilience, and translates strategic intent into real outcomes.

Leadership, Resilience and Career Growth in the AI Era

A sharp, practical session on navigating the AI-driven workplace and how to stay relevant, build resilience, and guide teams through rapid technological and organizational change.



Next Steps

For individual clients, we schedule a discovery session to understand your unique needs.

For organizations, we schedule a discovery conversation with L&D, HR, or a leadership sponsor to explore needs, clarify goals, and ensure the right fit for impactful work.



Confidentiality

As a certified coach, I adhere to the International Coaching Federation (ICF) Code of Ethics and maintain the strictest level of confidentiality regarding all client information.



Pricing

Pricing varies depending on scope and format, with options available per session or through subscription-based partnerships.



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